Yea	Year 1/2 Spring – Cycle 1					
	Theme	Knowledge	Skills	Key vocabulary		
Science			Skills Describe the patterns of the seasons and typical changes in weather that take place at different times of the year. Observe and record seasonal changes and how these affect our lives. Identify and name a variety of different materials. Separate and identify objects from the materials they are made of. Experiment with and explain how different materials behave. NC Relevant Working Scientifically Skills Observe closely, using simple equipment Identify and classify Ask simple questions and recognise that they can be answered in different ways	and concepts L1: Season Winter Spring Summer Autumn Weather Cold Rain Snow Day Night Dark Light L2. Material Wood Metal Plastic Fabric Rubber L3. Object Make L5. Property Behave Hard / soft		
				Stretchy / stiff Shiny / dull Rough / smooth Bendy / not bendy		

			Waterproof / not waterproof Absorbent / not absorbent Opaque / transparent
Sequence of Lessons: 1) SEASONAL CHANGE LESSON – To learn abour 2) To identify and name a variety of different m 3) To understand that objects are made from d 4) To find objects made of different materials a 5) To explore and describe the properties of dif NB: In lesson 2, pupils should have the opport	haterials ifferent materials round our school iferent materials	r 'raw' form – for example, a piece of wood rathe	r than a wooden pencil.
	<u>L1:</u>	Compare and group materials based on their	L1:
Sp2: Everyday Materials		properties.	Material
	A material is anything that is used to		Object
End Point:	make things. For example, wood, metal,	Understand that materials are chosen for jobs	Make
By the end of this unit of work, pupils should	fabric or rock.	based on their properties and explain why they	Property
be able to identify and explain that objects		have been chosen.	Behave
around us are made from different materials	Materials have different properties. This		Hard / soft
and that these behave in different ways.	means they behave in different ways.	Choose and select materials to complete a task	Stretchy / stiff
	For example, some materials bend,	and perform a simple test to see whether it is	Shiny / dull
	some are shiny and some are	appropriate.	Rough / smooth
	waterproof.		Bendy / not bendy
		Describe the patterns of the seasons and	Waterproof / not waterproof
	It is possible to compare and group	typical changes in weather that take place at	Absorbent / not absorbent
	materials based on their properties. For example, we can test which materials	different times of the year.	Opaque / transparent Compare
	are waterproof or not.	Observe and record seasonal changes and how	Group
		these affect our lives.	Group
	<u>L2:</u>		L2:
	<u></u>		More
	When people make things, they choose	NC Relevant Working Scientifically Skills	Less
	the materials based on the properties	Gather and record data to help in answering	The same
	they have.	questions.	Test
			Best
	<u>L4:</u>	Use their observations and ideas to suggest	Worst
		answers to questions.	
	Scientists and designers test different		L5:
	materials to discover which ones will be	Ask simple questions and recognise that they	Season
	best for a job.	can be answered in different ways.	Winter
	<u>L5:</u>		Spring

	spring is the season that comes after	Perform simple tests.	Summer
	winter and before summer. It begins to		Autumn
	get warmer and plants begin to grow.		Weather
			Warm
	During spring, our days begin to get		Rain
	longer, and the nights shorter.		Snow
			Day
			Night
			Dark
			Light
			Plants
			Grow

Sequence of lessons:

1) To compare and group materials based on their properties

2) To understand that we choose materials for making things because of their properties

3) To test which material would be the best for making an umbrella

4) To test which material would be the best for making a window

5) SEASONAL CHANGE LESSON – To learn about spring and the changes this season brings

	Theme	Knowledge	Skills	Key vocabulary
				and concepts
		<u>L1:</u>	Talk, write and draw about things from the	L1:
	Sp1: Castles		past.	Castle
		A castle is a big, strong building where	Recognise the difference between 'old' and	Walls
\sim	End Point:	kings, queens, and knights used to live.	'new'.	Towers Moat
ō	By the end of this unit of work, pupils should	Castles have tall walls, towers, and	Know where some basic events, artefacts	Drawbridge
S	understand why castles were built and the	sometimes a moat (a water-filled ditch) around them to keep enemies out.	and key people from a topic fit on a timeline.	Materials
	purpose they served. Through studying a		Begin to use timelines to support the	Wood
I	range of primary sources, they should be able	They were giant buildings that protected	retelling of past events.	Stone
	to explain what life inside a castle was like.	the people inside from danger.		Danger
	to explain what he inside a cashe was like.		Identify differences between objects,	Protect
	<u>L2:</u>		people and lifestyles in the past.	
		<u>L2:</u>		L2:
			Start to show some basic understanding of	Past
		Castles were mainly built in the 'The	substantive concepts, such as monarchy,	Present
		Middle Ages'. This was a period in	parliament, war, voyage, society etc.	Middle Ages
				Century

recently dug up		history which began roughly 1000 years ago.People built castles for about 600 years. Over this time, castles became stronger and bigger and the materials used changed.L3:Life in a castle was different for different people. Kings, queens and knights lived in large rooms and had big feasts.For other people like servants, cooks and guards, the rooms were smaller and the food simpler.L4:Castles were often attacked. The attackers would use tools such as towers, battering rams and catapults.To keep castles safe from attack, they were built with moats, drawbridges, and safe spaces to fire arrows from. Sometimes boiling water would be poured on the attackers.L5:Sheffield once had a castle. It was once used to keep a queen prisoner. However, it was destroyed in a war and built over. Some of the castle was recently dug up.	Begin to use historical vocabulary eg. old, new, earliest, latest, past, present, future, century, new, newest, old, oldest, modern, before, during, after etc.	L3: King Queen Knight Prisoner Servant Job Feast L4: Attack Defend Battering ram Catapult L5: Sheffield Destroyed Archaeologist
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	4) To understand how castles were attacked and defended 5) To find out about Sheffield castle and some of its history					
	Theme	Knowledge	Skills	Key vocabulary		
				and concepts		
Geography	Sp2: China End Point: By the end of this unit of work, pupils should have gained an understand of the location, climate and culture of China. They should have been able to observe and make comparisons between urban and rural areas and identify similarities and differences between an aspect of life in China and in the UK. They will achieve these by studying maps, photos and videos and observing their own surroundings first-hand.	 L1: China is a large country located in Asia. It is bordered by many different countries and has a coastline along the Pacific Ocean to the east. The capital city of China is Beijing. L2: China has different kinds of weather. In the north, it gets very cold in winter and hot in summer. In the south, it is warm and rainy all year round. L3: In China, life in the city and the countryside is quite different. In the city, like Beijing, there are lots of tall buildings, busy streets, and many people. In the countryside, you'll find more open spaces, farms, and fewer people. People in the countryside often grow their own food and live in smaller houses. L4: Chinese food is very special and comes in many different kinds. Some popular dishes are rice, noodles, and dumplings. The dishes are often very spicy. 	Be able to name the 7 continents of the World. Be able to name the 5 oceans of the World. Using a simple compass and cardinal compass directions (north, south, west, east). Use directional vocabulary. Know that maps give information about the world (where and what). Know that symbols mean something on maps. Be able to compare the human and physical differences of a small area of the United Kingdom and of a small area in a contrasting non-European country. Making annotated drawings to show variations. Be able to identify seasonal and daily weather patterns of a location in hot and cold areas of the world in relation to the Equator and the North and South Poles. Confidently use basic geographical vocabulary to refer to physical features, including: beach, cliff, coast, forest, hill, mountain, sea, ocean, river, soil, valley, vegetation, season and weather and key human features, including: city, town, village, factory, farm, house, office, port, harbour and shop.	 L1: China Country Asia Continent Capital city Beijing North South East West L2: Climate Weather Winter Spring Summer Autumn Warm Cold Wet Dry Rain Snow L3: City (urban) Countryside (rural) Busy Farm Crops Houses Flats 		

		Chinese New Year is a special celebration that marks the beginning of a new year. People wear red clothes, decorate with red lanterns, and give gifts in red envelopes for good luck! This is at a different time to our new year. L5: Children in China go to school just like children in the UK. There are many things that are similar about Chinese schools and many things that are different.		Rice Noodles Dumplings Spicy Celebration Chinese New Year Decorations Lanterns Lanterns L5: School Similarity Difference
	Sequence of Lessons: 1) To be able to find China on a map and descril 2) To be able to describe the climate of China 3) To compare life in a Chinese city with life in t 4) To find out about Chinese food and celebrati 5) To compare school in China with school in th NB: Lesson 5 should be a fieldwork opportunit differences. They can record their observations Theme	he countryside ons e UK y – children can watch a short video on sch	ool in China and then conduct a walk around sch ol. Skills	ool to spot similarities and Key vocabulary and concepts
DT	Sp2: Fruit Salad End Point: By the end of this unit of work, pupils should understand the role of fruit in a healthy diet and be able to use simple cutting and peeling skills to prepare a fruit salad that they have	L1: Different types of fruit have different flavours and textures. They can be sweet, sour, tangy, juicy or crunchy. L2:	Explore and evaluate existing products through discussions and comparisons. Understand that all food comes from plants and animals. Explain where in the world different foods originate from and are grown.	L1: Fruit Fruit salad Apple Orange Grape Banana Pineapple Sweet

nlannad	Fruit is an important part of our dist. It	Name the materials that a product is made	Sour
planned.	Fruit is an important part of our diet. It	Name the materials that a product is made	Sour
	keeps us healthy by giving us vitamins	from.	Tangy
	which help our bodies stay strong and	Name and sort foods into the five food	Juicy
	fight off illnesses.	groups and understand that everyone should	Crunchy
		eat at least five portions of fruit and	
	Fruit grows all around the world, but	vegetables a day to remain healthy.	L2:
	some fruits only grow in certain places.	Begin to discuss a healthy diet when	Diet
		planning and preparing food.	Healthy
	Some fruits grow all year round, but		Vitamins
	others only grow in certain seasons.	With support, begin to understand how to	Bodies
		prepare basic dishes safely and hygienically.	Strong
	<u>L3:</u>	With support, begin to use techniques such	Illness
		as cutting and grating.	Grow
	Some fruits come in a skin and have to		Seasons
	be peeled.	Discuss how and why certain cooking	
		utensils are used.	L3:
	When we cut or slice fruit with a knife,		Skin
	we have to be careful not to cut	Design appealing products for themselves	Peel
	ourselves. We can use different	based on simple design criteria.	Cut
	methods for cutting fruit: 'the bridge	Generate initial ideas based on their own	Slide
	hold', 'the claw grip' or by using a fork to	experiences.	Knife
	hold the fruit still.		Safety
		Develop and communicate these ideas through	Bridge hold
	Some fruits can be turned into liquid –	discussion, drawings and templates.	Claw grip
	these are called fruit juices.		Liquid
		Make suggestions about the tools, utensils	Juice
	<u>L4:</u>	that could be used.	
	<u></u>	Solact from a range of materials and	L4:
	Fruit salad is a dish made by mixing	Select from a range of materials and	Plan
	different kinds of fresh fruits together,	components.	Choose
	like apples, bananas, strawberries, and	With support, begin to cut some materials	Design
	grapes. It's colourful, sweet, and	with some accuracy	Recipe
	healthy, and you can enjoy it as a snack,	Design to evaluate their are due to essingt	Ingredients
	dessert, or even for breakfast! You can	Begin to evaluate their products against	Steps
	-	simple design criteria.	Steps
	eat it plain or with a little yogurt or juice.		L5:
	15.		LJ.
	<u>L5:</u>		Make
	When we are designing things like a		Prepare
	When we are designing things like a		Equipment
	meal, it's important to plan them.		Evaluate
			1

Sequence of Lessons: 1) To taste and describe a range of different ty 2) To learn about healthy diets and where fruit 3) To be able to safely cut fruit 4) To plan my fruit salad 5) To make and evaluate my fruit salad			
NB: In lesson 4, more able pupils may be able Theme	to write a simple recipe for their fruit salad	. Most children can complete an annotated drawi Skills	Key vocabulary
Sp1: Collage Portraits (Giuseppe Arcimboldo) End Point: By the end of this unit of work, pupils should be familiar with the work and style of Giuseppe Arcimboldo and be able to create a collage portrait influence by his approach using simple cutting and sticking techniques.	L1:When artists make a new piece of work, they often look at and evaluate the work of other artists – this means decide what they like and find ideas.Giuseppe Arcimboldo was an artist from Italy. He was born a very long time ago, in the year 1526.Arcimboldo is famous for painting faces using things like fruits, vegetables and flowers for the facial features such as eyes, noses and mouths.L2:Before making a piece of art, artists practise the skills they will use.Collage is a technique of making images	Learn about the work of a range of artists and the ways in which they have created art. Understand that sketch books are a way of generating and developing ideas and begin to use them in their own projects. Understand that learning new skills is an important part of the artistic process. Sort and group images based on colour. Cut, fold, crumple, tear and overlap images with some accuracy. Find images from pre-printed materials such as newspapers and magazines for use in collages. Arrange and attach images to paper using glue with some accuracy giving some thought to the composition of the piece. Develop a simple plan for a final piece based on the media being used and the artist being	and concepts L1: Giuseppe Arcimboldo Painter Collage Evaluate Like Dislike L2: Practise Images Cut Fold Crumple Tear Overlap Scissors Glue L3: Plan Decide

	Sequence of Lessons: 1) To learn about Giuseppe Arcimboldo and eva 2) To practise a range of collaging skills 3) To plan my collage 4) To collect and choose images for my collage 5) To make and evaluate my collage NB: Pupils should be made aware that Giusepp		Discuss their own work and the work of others giving simple opinions about likes and dislikes and making comments about similarities and differences.	L5: Evaluate
b0	NB: In lesson 3, pupils can sketch their plan, an Theme	Knowledge	Skills	Key vocabulary and concepts
omputing	Sp1: Moving a Robot End Point:	L1: When we programme a computer, or a device containing a computer, we give it commands – this means telling it what to do.	Recognise that computers don't have a brain. Explain that we control computers by giving them instructions. Create a simple program e.g. to control a	1: Computer Device Robot Programme Command
CO	By the end of this unit of work, pupils should be able to plan a sequence of commands for a floor robot and input these correctly so the device behaves as intended.	L2: For physical devices which move, these commands will often be directions.	floor robot. Create a simple algorithm.	2: Direction Combine Sequence

	 When we combine a set of commands, we have created a sequence. A sequence of commands is often called a program or an algorithm. L5: When we create a sequence, we should plan and test it. If we find any problems, we should fix the problems - this is called debugging. 	Predict the outcome of a simple algorithm or program. Explain what an algorithm is – a sequence of instructions to make something happen. Recognise that the order of instructions in an algorithm is important. Debug an error in a simple algorithm or program e.g. for a floor robot.	Algorithm Program 5: Plan Create Test Fix Debug Numbers indicate which lesson vocabulary is first introduced in.
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Sequence of Lessons:

1) To understand what the commands on a floor robot do

2) To practise giving and receiving directions

3) To combine forwards and backwards commands to make a sequence

4) To combine four direction commands to make a sequence

5) To plan, create and test a sequence of commands

NB: The lesson taught in week 5 should be lesson 6 from the scheme – this may require editing the slides to ensure the lessons follow on from one another smoothly.

Sp2: Grouping Data	<u>L1:</u> We often use computers to sort and group data together - we can practise	Describe objects using labels. Match objects to groups. Identify the label for a group of objects.	1: Computer Data Information
End Point: By the end of this unit of work, pupils will have developed an understanding on how	doing this using objects from the world around us.	Count objects. Group objects.	Objects Label Name
computers can be used to store, sort and group data. They will be able to do this with both physical objects and digital objects using PowerPoint.	To do this, we need to be able to name and label objects. Sometimes, we can name and label objects in different ways.	Record how many objects are in a group. Group objects in more than one way. Count a group of objects. Count how many objects share a property. Describe an object.	2: Group Colour Size Properties Count
	<u>L2:</u>	Describe a property of an object. Describe groups of objects.	3: Sort Different

		We can place objects into groups based on different things such as colour or size. These different things are called 'properties'. When we place objects into a group, it is important to count them. <u>L3:</u> Sometimes objects can be sorted into different groups based on their properties. <u>L4:</u> We can compare and describe whole groups of objects as well as objects by themselves.	Find objects with similar properties. Choose how to group objects. Decide how to group objects to answer question. Compare groups of objects. Record and share what I have found.	Similar 4: Compare Describe 5: Question Answer Numbers indicate which lesson vocabulary is first introduced in.
		<u>L5:</u> We can use labelling, counting and grouping to answer questions.		
	Sequence of Lessons: 1) To label objects 2) To count and group objects 3) To describe objects in different ways 4) To count and group objects with the same pr 5) To use labelling, counting and grouping to an NB: The lesson taught in week 5 should be less	swer questions	diting the slides to ensure the lessons follow on fr	rom one another smoothly.
	Theme	Knowledge	Skills	Key vocabulary
				and concepts
PE	Sp1: Class Teacher: Invasion Games	<u>L1:</u> Invasion games are games where there are two teams and two goals. Teams try to score in the opposition's goal.	Begin to dribble a ball with my hands and feet. Change direction to move away from a defender.	L1: Defender Attacker
	End Point:			

In this unit, pupils develop their	Examples include football, handball,		Interception
understanding of attacking and defending and	rugby, netball, basketball, hockey	Recognise space when playing games.	Marking
what being 'in possession' means. They use	Tugby, Helball, baskelball, hockey	Recognise space when playing games.	IVIAI KII Ig
and develop skills such as sending and	Defenders focus on stopping the	Send and receive a ball with hands and feet.	L2:
receiving with both feet and hands, as well as	opposing team from scoring by blocking	Send and receive a bair with hands and reet.	Passing
dribbling with both feet and hands, as wen as	passes or shots.	Use simple rules to play fairly.	Positioning
the opportunity to play uneven and even			Strategy
sided games. They learn how to score points	Attackers aim to create opportunities to	Move to stay with another player when	Teammate
in these types of games and how to play to	score by moving the ball forward and	defending.	reammate
the rules. They work independently, with a	outsmarting defenders.		L3:
partner and in a small group and begin to self-		Recognise changes in my body when I do	Dribbling
manage their own games, showing respect	<u>L2:</u>	exercise.	Control
and kindness towards their teammates and	Passing to an open teammate increases		Advancing
opponents.	the chance of keeping possession of the	Understand when I am a defender and when I	Goal
	ball.	am an attacker.	
			L4:
	Choosing a teammate closer to the goal		Support
	or in a better position helps move the		Positioning
	game forward effectively.		Assist
			Communication
	<u>L3:</u>		
	Dribbling helps maintain control of the		L5:
	ball while advancing towards the goal.		Space
			Movement
	Keeping the ball close reduces the risk of		Awareness
	losing it to defenders.		Marking
	<u>L4:</u>		L6:
	Supporting a teammate means staying		Marking
	close enough to receive a pass if they		Tracking
	need help.		Defending
			Positioning
	Moving into a better position can make		
	it easier for your teammate to create a		
	scoring chance.		
	15.		
	L5: Moving into open space makes it harder		
	for defenders to block you or intercept		
	the ball.		

Watching where defenders are positioned helps you choose the best place to move.	
L6: Staying close to your assigned player makes it harder for them to receive the ball or move freely.	
Watching both the ball and your player helps you react quickly to changes in play.	

Sequence of Lessons:

1) To understand the role of defenders and attackers

- 2) To recognise who to pass to and why.
- 3) To move towards goal with the ball.
- 4) To support a teammate when playing in attack
- 5) To move into space showing an awareness of defenders.

6) To stay with a player when defending.

End Point:underhand motion for better control.Catch a ball with some success.RollIn this unit, pupils develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keepFor throwing, step forward with the opposite foot to your throwing arm for balance and accuracy.Recognise changes in my body when I do exercise.AccuracyIn this unit, pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keepImportance of abiding by the rules to keepAlways watch the ball closely and move your body to track its path.Work co-operatively with a partner.ImportanceUnderhand motion for better control.Yer control the ball closely and move your body to track its path.Work co-operatively with a partner.Recli the partner.Introl motion for better control.Yer control track its path.Work co-operatively with a partner.Importance Pass				
End Point:underhand motion for better control.Catch a ball with some success.RollIn this unit, pupils develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opposite foot to your throwing arm for balance and accuracy.For throwing, step forward with the opposite foot to your throwing arm for balance and accuracy.Recognise changes in my body when I do exercise.ReceiveracyUImage: Step Your hands or feet ready to stop the ball and bring it in safely.Image: Step Your hands or feet ready to stop the ball and bring it in safely.Roll a ball towards a target. I can throw a ball to a partner.Receive TrackImage: Step Your hands or feet ready to stop the ball and bring it in safely.MovementImage: Step Your hands or feet ready to stop the ball and bring it in safely.MovementImage: Step Your hands or feet ready to track its path.Image: Step Your hands or feet ready to stop the ball and bring it in safely.Work co-operatively with a partner.Image: Step Your hands or feet ready to stop your body to track its path.Image: Step Your hands or feet ready to stop your body to track its path.Work co-operatively with a partner.Image: Step Your Hands or feet ready to pass the ball more accurately.Image: Step Your Hands or feet ready to pass the ball more accurately.Image: Step Your Hands or feet ready to pass the ball more accurately.Image: Step Your Your Your Your Your Your Your Your		<u>L1:</u>	Begin to send and receive a ball with my feet.	L1:
End Point:ThrowIn this unit, pupils develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.E2: Keep your hands or feet ready to stop the ball and bring it in safely.Relognise changes in my body when I do exercise.I2: Receive a partner.Always watch the ball closely and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.I3: Pass Receive Foot ControlI 3: Use the inside of your foot to pass the ball more accurately.To receive a ball, cushion it by gently guiding it with the inside or sole of yourE4: Throw Catch	Sp1: PE Specialist: Striking and Receiving	When rolling a ball, aim to use a smooth,		Target
In this unit, pupils develop their sending and receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe. For throwing, step forward with the ball closely and move your body to track its path. Recognise changes in my body when I do exercise. Accuracy. Image: Image		underhand motion for better control.	Catch a ball with some success.	Roll
receiving skills including throwing and catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.	End Point:			Throw
catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.balance and accuracy.Roll a ball towards a target. I can throw a ball to a partner.Receive Track ControlAlways watch the ball closely and move importance of abiding by the rules to keep the mselves and others safe.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.I3: Pass ReceiveImportance of abiding by the rules to keep themselves and others safe.I3: To receive a ball, cushion it by gently guiding it with the inside or sole of yourIai can ball towards a target. I can throw a ball to a partner.Iai can ball towards a target. I can throw a ball to a partner.Importance of abiding by the rules to keep themselves and others safe.Iai can ball closely and move your body to track its path.Work co-operatively with a partner.Iai can ballImportance of abiding by the rules to keep themselves and others safe.Iai can ball closely and move your body to track its path.Work co-operatively with a partner.Iai can ballImportance of abiding by the rules to keep themselves and others safe.Iai can ball closely and move your body to track its path.MovementIai can ballImportance of abiding by the rules to keep 	In this unit, pupils develop their sending and	For throwing, step forward with the	Recognise changes in my body when I do	Accuracy
catching, rolling, kicking, tracking and stopping a ball. Pupils will be given opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep the mselves and others safe.balance and accuracy.Roll a ball towards a target. I can throw a ball to a partner.Receive Track ControlAlways watch the ball closely and move importance of abiding by the rules to keep the mselves and others safe.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.I 3: PassI I I I I I I I I I I II II II III I I I II II II II II II II II III IIIIII III III III III IIIIII III III III IIIIII III III III IIIIIII III III III III IIII IIIIIII III IIII IIII IIIIIIIII IIII IIIII IIIII IIIIIIIIII IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	receiving skills including throwing and	opposite foot to your throwing arm for	exercise.	
Jord part in the grief in opportunities to work with a range of different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.L2: Keep your hands or feet ready to stop the ball and bring it in safely.a partner.TrackAlways watch the ball closely and move your body to track its path.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.L3: FootL3: Use the inside of your foot to pass the ball more accurately.L3: To receive a ball, cushion it by gently guiding it with the inside or sole of yourFootControlL4: Throw CatchThrow CatchThrow CatchThrow CatchCatch		balance and accuracy.		L2:
different sized balls. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe. L3: Use the inside of your foot to pass the ball more accurately. To receive a ball, cushion it by gently guiding it with the inside or sole of your	stopping a ball. Pupils will be given		Roll a ball towards a target. I can throw a ball to	Receive
Individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.the ball and bring it in safely.MovementAlways watch the ball closely and move your body to track its path.Move co-operatively with a partner.L3: Pass Receive Foot ControlL3: Use the inside of your foot to pass the ball more accurately.Use the inside of your foot to pass the ball more accurately.Foot ControlL4: To receive a ball, cushion it by gently guiding it with the inside or sole of yourThrow Catch	opportunities to work with a range of	<u>L2:</u>	a partner.	Track
individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by the rules to keep themselves and others safe.the ball and bring it in safely.Track a ball that is coming towards me.MovementImportance of abiding by the rules to keep themselves and others safe.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.L3:Importance of abiding by the rules to keep themselves and others safe.Importance of your foot to pass the ball more accurately.FootImportance of abiding by the rules to keep themselves and others safe.Importance of your foot to pass the ball more accurately.FootImportance of abiding by the rules to keep themselves and others safe.Importance of your foot to pass the ball more accurately.Importance of your foot to pass the ball more accurately.Importance of your foot to pass the ball more accurately.Importance of yourImportance of abiding by the rules to keep themselves and others safe.Importance of your foot to pass the ball more accurately.Importance of yourImportance of yourImportance of ability guiding it with the inside or sole of yourImportance of yourImportance of yourImportanceImportance of ability guiding it with the inside or sole of yourImportance of yourImportanceImportanceImportance of yourImportance of yourImportanceImportanceImportanceImportance of yourImportance of yourImportanceImportanceImportanceImportance of your	different sized balls. They will apply their skills	Keep your hands or feet ready to stop		Control
activities. They will understand the importance of abiding by the rules to keep themselves and others safe.Always watch the ball closely and move your body to track its path.Work co-operatively with a partner.L3: Pass Receive Foot ControlL3:Use the inside of your foot to pass the ball more accurately.Foot ControlL4: Throw Catch		the ball and bring it in safely.	Track a ball that is coming towards me.	Movement
importance of abiding by the rules to keep themselves and others safe. Importance of abiding by the rules to keep themselves and others safe. your body to track its path. Pass Receive Foot Importance of abiding by the rules to keep themselves and others safe. Importance of abiding by the rules to keep themselves and others safe. Pass Importance of abiding by the rules to keep themselves and others safe. Importance of abiding by the rules to keep themselves and others safe. Pass Importance of abiding by the rules to keep themselves and others safe. Importance of abiding by the rules to keep themselves and others safe. Pass Importance of abiding by the rules to keep themselves and others safe. Importance of abiding by the rules to keep the inside of your foot to pass the ball more accurately. Pass Importance of abiding by the rules to keep the inside of your foot to pass the ball more accurately. Importance of the pass the ball more accurately. Importance of the pass the ball more accurately. Importance of the pass the pas	begin to organise and self-manage their own			
themselves and others safe. L3: Foot Use the inside of your foot to pass the ball more accurately. Control To receive a ball, cushion it by gently guiding it with the inside or sole of your Throw Catch Catch	activities. They will understand the	Always watch the ball closely and move	Work co-operatively with a partner.	L3:
L3: Foot Use the inside of your foot to pass the ball more accurately. Control To receive a ball, cushion it by gently guiding it with the inside or sole of your Throw Catch Catch	importance of abiding by the rules to keep	your body to track its path.		Pass
Use the inside of your foot to pass the ball more accurately. Control To receive a ball, cushion it by gently guiding it with the inside or sole of your Throw Catch Catch	themselves and others safe.			Receive
ball more accurately.L4:To receive a ball, cushion it by gently guiding it with the inside or sole of yourThrow Catch		<u>L3:</u>		Foot
To receive a ball, cushion it by gently guiding it with the inside or sole of yourL4:Catch		Use the inside of your foot to pass the		Control
To receive a ball, cushion it by gently guiding it with the inside or sole of yourThrow Catch		ball more accurately.		
guiding it with the inside or sole of your Catch				
				Throw
foot.		guiding it with the inside or sole of your		Catch
		foot.		

			Hands
	<u>L4:</u>		Distance
	For short throws, use both hands to		
	throw the ball gently and aim for your		L5:
	partner's hands.		Power
			Long
	When catching, keep your eyes on the		Throw
	ball and use your hands to 'give' with the		Catch
	ball to absorb the impact.		
			L6:
	<u>L5:</u>		Game
	When throwing long distances, use your		Pass
	whole body, not just your arm, to		Teammate
			Position
	generate power.		FOSICION
	For catching at a distance, position your		
	body so you can move easily to meet the		
	ball.		
	<u>L6:</u>		
	In small games, always be aware of your		
	teammates and opponents to know		
	when to pass or receive the ball.		
	Practice sending and receiving skills in		
	different directions to stay ready for all		
	types of passes in the game.		
Sequence of Lessons:			
1) To develop rolling and throwing a ball toward	ds a target		
2) To develop receiving a rolling ball and trackin			
3) To be able to send and receive a ball with you			
4) To develop throwing and catching skills over			
5) To develop throwing and catching over a long			
6) To apply sending and receiving skills to small	-		
of to apply sending and receiving skins to small	games.		
	L1:	Hit a ball using a racket.	L1:
Sp2: Class Teacher: Net and Wall Games	Net and wall games are games where		Target
	either a net or wall separates the players	Throw a ball to land over the net and into the	Roll
End Point:	or a wall is used. The object is to hit the	court area.	Throw
	ball over the net and into the court		Accuracy
In this unit, pupils develop their	space or against a wall to make it	Track halls and other equipment cont to me	Accuracy
understanding of attacking and defending		Track balls and other equipment sent to me.	12.
principles in net games such as using a ready	difficult for a partner to return.		L2:

	position to defend their court and placement	Examples include tennis, badminton,	Use a ready position to move to the ball. I know	Receive
	of a ball into space. They use and develop	volleyball, squash.	how to score points.	Track
	skills such as throwing, catching, tracking and			Control
	hitting a ball. They learn how to score points	The ready position involves standing	Recognise changes in my body when I do	Movement
	and how to play to the rules. They work	with feet shoulder-width apart, knees	exercise.	
	independently, with a partner and in a small	slightly bent, and the racket held in		L3:
	group and begin to self-manage their own	front, ready to react.	Show honesty and fair play when playing	Pass
	games, showing respect and kindness		against an opponent.	Receive
	towards their teammates and opponents.	<u>L2:</u>		Foot
		In most net and wall games, players take		Control
		turns hitting the ball and try to score by		
		making the ball land in the opponent's		L4:
		side of the court.		Throw
				Catch
		Scoring is often done by winning points		Hands
		when your opponent fails to return the		Distance
		ball or hits it out.		Distance
				L5:
		L <u>3:</u>		Power
		Hold the racket with both hands (for		Long
		beginners) or one hand (as you get more		Throw
		advanced) to ensure control when		Catch
				Catch
		striking the ball.		L6:
		Former on hitting the hell with the middle		
		Focus on hitting the ball with the middle		Game
		of the racket strings for the best		Pass
		accuracy and power.		Teammate
				Position
		<u>L4:</u>		
		Practising hitting the ball against a wall		
		helps improve control and hand-eye		
		coordination.		
		Keeping your eyes on the ball as you hit		
		it helps you make cleaner shots and		
		improve accuracy.		
		<u>L5:</u>		
		To send the ball over the net, swing your		
		racket from low to high, using your body		
		to generate power.		
_		•		

	A follow-through after hitting the ball helps direct the ball with more control and precision.		
	<u>L6:</u>		
	When hitting over a net, aim to strike		
	the ball with enough height so it clears		
	the net, but with enough force to reach		
	the opponent's side.		
	Aiming for the corners of the court can		
	make it harder for your opponent to		
	return the ball.		
Sequence of Lessons:			
1) To defend space using the ready position.			
2) To play against an opponent and keep the	score.		
3) To explore hitting with a racket.			
4) To develop racket and ball skills.			
5) To develop sending a ball using a racket.			
To develop hitting over a net.			
-,			
	L1:	Communicate simple instructions.	L1:
Sp2: PE Specialist: Team Building	Cooperation means working together		Co-operate
Sp2: PE Specialist: Team Building	Cooperation means working together and using each other's strengths to	Communicate simple instructions. Follow instructions.	Co-operate Partner
Sp2: PE Specialist: Team Building End Point:	Cooperation means working together	Follow instructions.	Co-operate Partner Challenge
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork	Cooperation means working together and using each other's strengths to reach a common goal.		Co-operate Partner
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly	Follow instructions. Follow path and lead others.	Co-operate Partner Challenge Help
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your	Follow instructions.	Co-operate Partner Challenge Help L2:
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly	Follow instructions. Follow path and lead others. Listen to others' ideas.	Co-operate Partner Challenge Help L2: Team
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner.	Follow instructions. Follow path and lead others.	Co-operate Partner Challenge Help L2: Team Support
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner.	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks.	Co-operate Partner Challenge Help L2: Team Support Share
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member	Follow instructions. Follow path and lead others. Listen to others' ideas.	Co-operate Partner Challenge Help L2: Team Support
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3:
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task.	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task. Teamwork involves trust, respect, and	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk Listen
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task. Teamwork involves trust, respect, and supporting each other throughout the	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk Listen Share
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task. Teamwork involves trust, respect, and	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk Listen
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task. Teamwork involves trust, respect, and supporting each other throughout the challenge.	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk Listen Share
Sp2: PE Specialist: Team Building End Point: In this unit pupils develop their teamwork skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They develop key skills of communication and problem solving, They are given the opportunity to discuss and plan their ideas	Cooperation means working together and using each other's strengths to reach a common goal. It's important to communicate clearly and be willing to help and listen to your partner. <u>L2:</u> A team works best when each member contributes their ideas and skills to the task. Teamwork involves trust, respect, and supporting each other throughout the	Follow instructions. Follow path and lead others. Listen to others' ideas. Suggest ideas to solve tasks. Work with a partner and a small group.	Co-operate Partner Challenge Help L2: Team Support Share Contribute L3: Talk Listen Share Understand

	Active listening is crucial in team	Instructions
	activities; it shows respect and helps	Encourage
	everyone understand each other.	
		L5:
	Sharing ideas openly encourages	Plan
	teamwork and helps solve problems	Idea
	more effectively.	Role
		Goal
	<u>L4:</u>	
	Good leaders speak clearly and guide	L6:
	their partner through tasks with	Communicate
	instructions and encouragement.	Teamwork
		Problem-solve
	Listening to your partner's feedback	Feedback
	helps improve communication and	
	teamwork.	
	<u>L5:</u>	
	Planning together helps set clear goals	
	and ensures everyone knows their role	
	in the challenge.	
	A good plan allows everyone to	
	contribute ideas and strategies before	
	starting the task.	
	<u>L6:</u>	
	Clear communication is essential for	
	making sure everyone in the group	
	knows what to do.	
	Sharing ideas and listening to others	
	ensures the team can adapt and work	
	together to solve problems.	
Sequence of Lessons:		

- 2) To explore and develop working as a team.
- 3) To develop talking, listening and sharing skills.
- 4) To use speaking and listening skills to lead a partner.
- 5) To plan with a partner and small group to complete challenges.
- 6) To use talking, listening and sharing skills to complete challenges.

Theme	Knowledge	Skills	Key vocabulary and concepts
Sp1: Who is Muslim and how do they Live? End Point: By the end of this unit of work, pupils should have developed an understanding of the fundamental Islamic beliefs about God, how stories inform Muslims' beliefs about Muhammed and the practices involved in reading the Qur'an.	L1: Muslims call God 'Allah'. This not a name, but the word for God in Arabic. Muslims only believe in one God. This is expressed in the words of the Shahadah: 'There is no God but God; Muhammad is the messenger of God'. L2: Muslims believe it is impossible to understand what God is really like.	Recognise the words of the Shahadah and that it is very important for Muslims. Identify some of the key Muslim beliefs about God found in the Shahadah and the 99 names of Allah, and give a simple description of what some of them mean. Give examples of how stories about the Prophet show what Muslims believe about Muhammad. Give examples of how Muslims use the Shahadah to show what matters to them Give examples of how Muslims use stories	1+2: Islam Muslim God Allah Arabic Shahadah 3+4: Muhammed Prophet Shahadah Story Belief
	However, they use 99 different names for God which show some of the ways he is like. <u>L3 + L4:</u>	about the Prophet to guide their beliefs and actions (e.g. care for creation, fast in Ramadan). Give examples of how Muslims put their beliefs about prayer into action.	5: Qur'an Holy book Rules Respect
	Muslims believe in the prophet Muhammed – they believe he spoke to Allah and passed on his messages. There are many stories about Muhammed which show us what Muslims believe about him. <u>L5:</u> Muslims read the Qur'an in a special way – this shows their respect for the book and its messages.	 Think, talk about and ask questions about Muslim beliefs and ways of living. Talk about what they think is good for Muslims about prayer, respect, celebration and self- control, giving a good reason for their ideas. Give a good reason for their ideas about whether prayer, respect, celebration and self- control have something to say to them too. 	Numbers indicate which lesson vocabulary is first introduced in.

Sequence of Lessons:

1) To understand that Muslims believe in only one God

2) To find out what Muslims believe God is like

3) To discover what stories teach us about Muslims' beliefs about Muhammed (The Story of the Tiny Ants)

4) To discover what stories teach us about Muslims' beliefs about Muhammed (A Slave Set Free)

5) To understand how Muslims read the Qur'an

	<u>L1:</u>	Recognise the words of the Shahadah and that	1:
Sp2: Who is Muslim and how do they Live?		it is very important for Muslims.	Islam
	Muslims pray in a certain way. For		Muslim
End Point:	example, they pray five times a day, face	Identify some of the key Muslim beliefs about	God
By the end of this unit of work, pupils will	in a certain direction and wash before	God found in the Shahadah and the 99 names	Allah
have developed their understanding of how	praying.	of Allah, and give a simple description of what	Muhammed
Muslims show their commitment to Allah		some of them mean.	Prophet
including by praying, fasting and giving to	<u>L2:</u>		Pray
charity. Pupils will be confident in discussing		Give examples of how stories about the	Prayer
how these practices could be of benefit to	During Ramadan, Muslims who are	Prophet show what Muslims believe about	
people of different faiths or no-faith.	adults will fast during the day light.	Muhammad.	2:
First states and states			Fast
	<u>L3:</u>	Give examples of how Muslims use the	Ramadan
		Shahadah to show what matters to them	
	Muslims also give money to charity.	Give examples of how Muslims use stories	3:
		about the Prophet to guide their beliefs and	Donate
	<u>L4:</u>	actions (e.g. care for creation, fast in Ramadan).	4:
			Charity
	Muslims believe that by praying, fasting	Give examples of how Muslims put their beliefs	Patience
	and giving they become closer to Allah,	about prayer into action.	Kindness
	it teaches them patience and lets them		
	help other people.	Think, talk about and ask questions about	5:
		Muslim beliefs and ways of living.	Similar
	<u>L5:</u>		Different
		Talk about what they think is good for Muslims	Religion
	Other religions have similar practices to	about prayer, respect, celebration and self-	No-faith
	praying, fasting and giving. These can be	control, giving a good reason for their ideas.	
	of use to non-Muslims and people of no		Numbers indicate which lesso
	faith.	Give a good reason for their ideas about	vocabulary is first introduced i
		whether prayer, respect, celebration and self-	-
		control have something to say to them too.	

1) To discover how Muslims pray

2) To find out about how Muslims fast

3) To find out about how Muslims donate to charity

4) To think about what the benefits Muslims get from praying, fasting and giving5) To reflect on what we can all gain from the way that Muslims live

Theme	Knowledge	Skills	Key vocabulary and concepts
Sp1: Dreams and Goals End Point: By the end of this unit of work, pupils will understand how goal and target setting can help us more successful and support our mental wellbeing. In online safety, they will understand which information should be kept private and how to do this online.	L1:A goal is something that we decide we want to do in the future. We can have goals for school, and our lives out of school.L2:To achieve a goal, we have to think about the different steps that help us along the way.L3:When we work with partners, we have to share, take turns and listen to each other.L4:On our way to achieving a goal, we will be faced with obstacles which make things trickier.L5:When we achieve a goal, we feel success. This means feeling happy and proud. There are many ways we can celebrate our successes and the successes of other.	Set reasonable and sensible goals for life in school and life outside.Break a goal down into a set of steps that will someone achieve it.Discuss and identify what working well with others looks like and the skills we need for doing this well.Identify possible obstacles to achieving a goal and think about how they can be overcome.Talk about what we have been successful with and how this makes it feel.Listen to other people talk about their successes and celebrate with them.Decide which information is private and which can be shared.Discuss how to keep personal information safe when we are online.	1:DreamGoalChallengeReasonableAchievable2:Steps3:Obstacles4:PartnersShareListenTake turns5:AchieveSuccessProudHappyCelebrate6:OnlineOfflineInformationPersonalPrivateSecretShare

	L6: Some information about us is private. We shouldn't share this with people we don't know, either online or in real life.		Numbers indicate which lesson vocabulary is first introduced in.
 Sequence of Lessons: 1) To set a simple goal 2) To work out how to achieve a goal 3) To understand how to work well with a partree 4) To understand that we may face obstacles weight the state of the state of	ier hen trying to achieve a goal e can celebrate it	.)	
Sp2: Healthy Me End Point: By the end of this unit of work, pupils will understand what is healthy and some basic practices to support a healthy life. For example, a healthy diet, personal hygiene, sleeping well and road safety. In online safety, pupils will understand that not everyone online is who they say they are in real life.	L1: Being healthy is when our bodies and minds work as well as they can and we feel good. Being unhealthy is when we are ill and our bodies or minds aren't working as well as they can. We will all feel unhealthy or ill at some point in our lives – this is completely normal. L2: To keep ourselves as healthy as possible, it's important to make sure that we make healthy choices – these may be choices about our diet, hygiene, sleep and taking risks. L3:	 Explain the differences between being healthy and unhealthy. Identify choices that can make us more or less healthy and explain why this is the case. Understand the importance of personal hygiene and be able to wash hands correctly and thoroughly. Recognise that medicines can help us when we are ill, but can also be very dangerous if they are taken in the wrong way. Cross a road with an adult carefully, including thinking about a sensible spot for crossing. Explain that some people online may not be who they say they are and what we can do if we are worried about someone online. 	1: Healthy Unhealthy Illness Sick 2: Choices Diet Sleep Sugar Fruit Vegetables 3: Hygiene Soap Shower Daily Wash Toothbrush / paste 4: Doctor
			4:

		1					
		<u>L4:</u>		5:			
				Road			
		Medicines can help us when we are ill –		Danger			
		however, we must make sure to take		Crossing			
		them with an adult and read the		Traffic light			
		instructions. Taking medicines in the		Stop, look and listen			
		wrong way can be dangerous and make					
		us very ill.					
				6:			
		<u>L5:</u>		Online			
				Offline			
		Roads can be very dangerous and we		Stranger			
		must cross them in the correct way to		Trusted adult			
		stay safe.		Report			
		<u>L6:</u>		Numbers indicate which lesson			
				vocabulary is first introduced in.			
		We must always be careful about					
		strangers and people we don't know.					
		This is true in real life and when we are					
		online.					
	Sequence of Lessons:						
	1) To understand the difference between being healthy and unhealthy						
	To recognise some healthy life choices	rstand the importance of keeping clean					
	To understand the importance of keeping clean						
		understand when and how to take medicines safely					
	To be able to cross the road safely						
	6) Online safety: LC: To understand that people online are not always who they say they are (P1)						
	Theme	Knowledge	Skills	Key vocabulary			
				and concepts			
				and concepts			
C		<u>L1:</u>	Find the pulse in a piece of music and follow	1:			
Si.	Cal. Dhutha	<u></u>	this using clapping or other rhythmic sounds.	Pulse			
n	Sp1: Rhythm	The pulse of a piece of music is the		Rhythm			
Ň	Song: Humpty Dumpty	steady beat that forms the foundation of	Follow rhythms as opposed to pulse and	Beat			
2		a piece of music.	explain the difference between the two	Steady			
	End Point:		concepts.	cicady			
	By the end of this unit of work, pupils will	The rhythm of a piece of music is the		2:			
	understand rhythm and pulse and what	pattern of sounds on top of the pulse.	Begin to use basic symbols to represent	Read			
	understand mythin and pulse and what		different sounds and their qualities.	Write			
			and then qualities.	white			

differentiations them. They will become confident in reading and writing their own rhythms in basic notation.	L2 + L3 + L4We can use symbols to represent different sounds and their qualities.L5:We can compose our own rhythms using very little equipment.	Recognise some basic musical symbols and follow them. Compose simple rhythms and share them with others, taking feedback. Listen to the musical ideas of others and offer constructive feedback.	Notation Pattern Symbol Represent 5: Improvise Compose Share Listen			
			Appraise Numbers indicate which lesson vocabulary is first introduced in.			
Sequence of Lessons: 1) To know the difference between rhythm and pulse 2) To begin to read and write rhythmic notation 3) To become more confident in reading and writing rhythmic notation 4) To recognise the rhythms in our favourite songs 5) To learn to improvise and compose a rhythmic pattern						
Sp2: Pitch Song: I'm a Little Tea Pot End Point: By the end of this unit of work, pupils will understand pitch and recognise and describe instruments which typically make high or low sounds. They will be able to identify different pitches in pieces of music and alter the pitch of their own voice when singing.	 L1: The pitch of a sound is how high or low the sound is. A high sound has a high pitch. A low sound has a low pitch. L2 + L3 Some instruments make high pitch sounds, and other instruments make low pitch sounds. The pitch of the sound an instrument makes depends on the size, shape and materials used to make instrument. Most instruments can make sounds of different pitches. 	Understand what pitch is and describe the pitch of different sounds using 'high' and 'low'. Identify instruments which will make high pitch sounds and those which will make low pitch sounds. Use our voices to make high and low pitch noises and sounds. Follow the pitch of a piece of music, making our singing voices higher and lower.	1: Music Song Pitch High Low Middle 2 + 3: Instruments Flute Violin Drum Bassoon Bass guitar 4: Follow Rise Fall			

 <u>L4:</u> Songs will have different sounds in them some will be high pitch and some will be low pitch. <u>L5:</u> When we sing, it is important that we follow the pitch of the song we are 	5: Sing Change Breathing Diaphragm Numbers indicate which less vocabulary is first introduced
 singing. Ids and the instruments which make them ds and the instruments which make them	

4) To follow the pitch of a piece of music5) To change pitch of our singing voices