Yea	r 5/6 Spring	– Cycle 2		
	Theme	Knowledge	Skills	Key vocabulary
				and concepts
	SP1: Forces	A force is push or a pull that makes things move or stop moving.	Topic-specific skills:	Force Push Pull
		There are many different forces which affect all objects on the Earth.	Explain that unsupported objects fall towards the Earth because of the force of gravity acting between	Movement / motion Gravity
		Gravity is the force that pulls things down towards the Earth.	the Earth and the falling object. Identify the effects of air resistance, water resistance	Air resistance Friction Water resistance
		Air resistance is the force which slows objects down	and friction, that act between moving surfaces.	Balanced Unbalanced
		as they move through air.	Recognise that some mechanisms, including levers, pulleys and gears, allow a smaller force to have a greater effect.	Machines Lever
Science		Friction is the force which slows objects down as they move along a surface.	Sicular crieda	Pulley Design Surface area
cie		Water resistance is the force which slows objects down as they move through air.	Practical scientific skills:	Aerodynamic Measurement
S		Forces act against each other. They can be balanced or unbalanced.	Plan different types of scientific enquiries to answer questions, including recognising and controlling variables where necessary	Newton
		When two forces affecting an object are balanced, the object stays still.	Take measurements, using a range of scientific equipment, with increasing accuracy and precision, taking repeat readings when appropriate	
		When two forces affecting an object are unbalanced, the object moves.	Record data and results of increasing complexity using scientific diagrams and labels, classification keys,	
		Simple machines like levers and pulleys can help us overcome forces.	tables, scatter graphs, bar and line graphs	
		The design of vehicles can help them to overcome forces.	Use test results to make predictions to set up further comparative and fair tests	
		Scientists' understanding of forces has evolved over the years.	Report and present findings from enquiries, including conclusions, causal relationships and explanations of	

		and demonstration or sold the left of the	1
		and degree of trust in results, in oral and written	
	A key moment was Isaac Newton's discovery of	forms such as displays and other presentations	
	gravity.		
		Identify scientific evidence that has been used to	
	Forces are measured in Newtons.	support or refute ideas or arguments.	
Sequence of Lessons:			
1) To understand what force	es are and the effect of gravity		
2) To plan an investigation a	bout air resistance		
3) To investigate the effect of	of friction		
4) To investigate the effect of	of water resistance		
5) To understand how levers	s and pulleys are linked to forces		
-			
	Light is a form of an argu that travels in wayor	Desc (select the most enpropriate line of enquiry to	Light
SD2: Light	Light is a form of energy that travels in waves.	Pose/select the most appropriate line of enquiry to	Light
SP2: Light	Light always travels in a straight line	investigate scientific questions.	Energy
	Light always travels in a straight line.	Make predictions and give a reason using scientific	Wave
		Make predictions and give a reason using scientific	Energy Straight line
	Light must come from a source, either natural or	vocabulary.	Straight line
	manmade.	Deservedistions on findings from any issue	Source
		Base predictions on findings from previous	Natural
	We can see objects because they are either a source	investigations.	Man made
	of light, or reflect light into our eyes.		Opaque
		Decide how long to take measurements for, checking	Transparent
	We can change the direction of light by using	results with additional readings.	Translucent
	reflection.		Shadow
		Select and plan the most suitable line of enquiry,	Partial
	When an opaque object blocks a source of light it	explaining which variables need to be controlled and	Faint
	will cast a shadow.	why, in a variety of comparative and fair tests.	Investigate
			Enquiry
	Transparent objects allow light to pass through	Choose the most effective approach to record and	Predict
	them. Translucent objects allow some light to pass	report results, linking to mathematical knowledge.	Variable
	through them.		Results
		Identify and explain causal relationships in data and	Data
	Transparent and translucent objects create partial or	identify evidence that supports or refutes their	
	faint shadows when they block a light source.	findings, selecting fact from opinion.	
	As light travels in a straight line, when a light source		
	is blocked by an opaque object, it creates a shadow		
	the same shape as the object.		
	As an object gets further away from a light source,		
	its shadow becomes larger and fainter.		

Sequence of lessons:

1) To investigate how light travels

2) To understand how light and reflection allow us to see

3) To investigate the relationship between a light source, an object and the shape of a shadow

4) To investigate the relationship between a light source, an object and the size of a shadow

5) To use knowledge about light to design, create and explain a useful object (periscopes)

	Theme	Knowledge	Skills	Key vocabulary and concepts
History	SP1: The History of Sheffield	 Sheffield and its surrounding areas have been inhabited for nearly 13,000 years. Bronze Age farmers created stone monuments around Sheffield whose true purpose we are unsure of. In the medieval period, Sheffield had its own castle that was destroyed in the English Civil War. The English Civil War was a conflict between two groups who believed the country should be governed in different ways. Sheffield and the north of England played a central role in the Industrial Revolution. The Industrial Revolution was the period in time in which humans began to rapidly develop technology to produce goods on a huge scale. During the Industrial Revolution, Sheffield began renowned for produce cutlery and other steel goods. Living conditions for the many people in Sheffield during the Industrial Revolution were very poor. Up until the 1980s, the areas around Sheffield were famous for coal mining. 	 Have a clear understanding of the order of the time periods that they have studied and the duration of time between them. Annotate a timeline with historical terms and facts, showing a sense of historical scale. Comment on trends that happen over time. Describe broader trends and themes over time identifying similarities and differences. Describe changes within a historical period considering social, political, cultural and technological changes and begin to identify the connections between different types of change. Understand that there can be a number of causes for events in the past and begin to draw conclusions about which are more or less significant. Understand that there can be many versions of the same events in history and give reasons why these may exist. Construct and answer relevant historical questions with reasoned arguments and evidence that consider multiple perspective and provide a conclusion. Draw together and analyse a wide range of sources (both primary and secondary) to form arguments 	Sheffield City County Inhabited Farmer Monument Bronze Age Medieval Period / Middle Ages Castle Civil War Industrial Revolution Invention Factory Mass production Living conditions Coal mining Mine Strike Government Flood Similarity Difference

	 2) To find out about Sheffiel 3) To understand the role of 4) To understand the reason 5) To compare the 2007 Floc 	Sheffield in the Industrial Revolution	 about the past, sourcing these independently where appropriate. Question the accuracy of modern depictions of historical events. Challenge the accuracy, validity and usefulness of historical sources and decide which are more reliable than others to answer a specific question. Continue to build on prior knowledge to gain a more detailed understanding of a wider range of substantive concepts and start to recognise that some concepts, such as technology, will be different across different periods of history. Use challenging historical vocabulary e.g. cultural, social, economic, political, society, civilisation, power, propaganda etc. 	
۲.	Theme	Knowledge	Skills	Key vocabulary and concepts
Geography	SP2: Trade	Trade is the exchange of goods or services in return for other goods or services or money. The UK trades with a number of different nations around the world. Importing means to bring something into a country to be sold.	Use maps, atlases, globes and digital/computer mapping to locate countries and describe the features of rivers. Locate the world's countries, using maps to focus on Europe (including the location of Russia) and North and South America, concentrating on their environmental regions, key physical and human characteristics, countries, and major cities.	Trade Goods Services Currency Money Economy Import Export Produce Consume

		 Exporting means to take something out of a country to be sold. Fair Trade is the idea that producers of crops and materials in developing countries should be paid enough to improve their living conditions and work in an environmentally sustainable way. Trade can negatively affect the environment in a number of ways: destruction of habitats, pollution through production, pollution through transportation. Trading patterns change over time. The UK now trades with different countries and in different goods. 	Name and locate counties and cities of the United Kingdom, geographical regions and their identifying human and physical characteristics, key topographical features (including hills, mountains, coasts and rivers), and land-use patterns; and understand how some of these aspects have changed over time. Use the eight points of a compass, four and six-figure grid references, symbols and key (including the use of Ordnance Survey maps). Create maps of their own using various degrees of support. Use the internet and other sources of information to answer questions and form ideas.	Fair Trade Environment Habitat Pollution Habitat Transportation
	Sequence of Lessons: 1) To learn what trade is and 2) To understand the ideas of 3) To reflect on the idea of fa 4) To understand how trade 5) To understand how trade	of the 'global economy' and 'supply chains' air trade can affect the environment		
	Theme	Knowledge	Skills	Key vocabulary and concepts
Art	SP1: Painting - McKee	 Pete McKee is an artist who lives and works in Sheffield. He was born in 1966. Pete McKee has a distinctive, cartoon-like style which includes bold outlines, and blocks of vivid colours. His subject matter focuses on typically working-class scenarios or concerns. Many of his pieces can be linked to specific locations in Sheffield. 	Research, analyse and evaluate the work of different artists, giving their own opinions supported by reasons. Create sketch books to record observations and use them to review and revisit ideas. Develop techniques, including control and the use of materials, with creativity, experimentation and an increasing awareness of different kinds of art, craft and design.	Pete McKee Painter Subject matter Composition Working class Materials Paint Acrylic paint Style Cartoon Outline Bold Feint

	It is possible to use the primary colours (red, yellow and blue) to create secondary colours (orange, green and purple). Skin tones can be created by mixing brown using green and red, orange and blue or yellow and purple. These can be lightened by adding white. Artists often use a 'colour wheel' to help them mix colours. Harmonious colours sit next to each other on the colour wheel and are similar to each other. Contrasting colours sit opposite to each other on the colour wheel and are visibly quite different to each other.	Demonstrate a strong understanding of colour, and use the primary colours to mix secondary and tertiary colours, including skin-tones. Make a range of plans for a final piece, thinking about subject matter, inspiration, composition and colour, adding annotations and choosing one for completion. Mix colours effectively using their knowledge of the colour wheel, primary colours, secondary colours and skin-tones. Complete final pieces to a high standard, evaluate their own work and suggest how they could be improved.	Colours Primary Secondary Harmonious colours Contrasting colours Skin tones Research Analyse Evaluate Sketch Plan Final piece
2) To experiment with mixin3) To understand perspectiv	my final piece and give reasons for selecting my favourite	2	
Theme	Knowledge	Skills	Key vocabulary
			and concepts
SP2: Sculpture - Hepworth	Barbara Hepworth was a British sculptor who was active in the mid-20th century. She lived from 1903- 1975)	Research, analyse and evaluate the work of different artists, giving their own opinions supported by reasons.	Barbara Hepworth Sculptor
	She developed a new style of sculpture that introduced new ideas about how they could be interacted with, while still taking inspiration from classical Greek and Roman sculpture.	Create sketch books to record observations and use them to review and revisit ideas. Develop techniques, including control and the use of materials, with creativity, experimentation and an	Sculpture Subject matter Shape Form Size Inspiration Nature

Art

	 and the feeling of these places. Many of her sculptures have holes in them and are very large. Barbara Hepworth worked with many different materials such as wood, stone and bronze. A sculpture is a three-dimensional piece of art that is not intended to remain on a flat surface such as a painting or photograph. Some sculptures can be very large and are exhibited outside in public places. Other sculptures can be very small and are kept in galleries or people's homes. 	 Make a range of plans for a final piece, thinking about shape, form, size and inspiration, adding annotations and choosing one for completion. Use chicken wire to create frames for sculpture. Use Modroc to cover a frame ensuring neatness and coverage. Complete final pieces to a high standard, evaluate their own work and suggest how they could be improved. 	Stone Wood Bronze Chicken wire Modroc Exhibit Research Analyse Evaluate Sketch Plan Final piece
	evaluate the work of Barbara Hepworth ken wire to create basic frames	1	
4) To begin my final piece (my final piece and give reasons for selecting my favourit	e	
4) To begin my final piece (my final piece and give reasons for selecting my favourit building wire frame)	e Skills	Key vocabulary and concepts

	 The value of a variable can be updated. A variable can be set as a constant (fixed value) There is only one value for a variable at any one time. If you change the value of a variable you cannot access the previous value (cannot undo). If you read a variable the value remains. The name of a variable is meaningless to the computer. 	Use an event in a program to update a variable. Use a variable in conditional statement to control the flow of a program. Use the same variable in more than one location in a program. Explain the importance of setting up a variable at the start of a program (initialising).	
	The name of a variable needs to be unique.		
	prove a game by using variables		
	prove a game by using variables used on a given example reate my project	Explain what an item of data is	Data
3) To choose how to imp4) To design a project ba	prove a game by using variables ased on a given example	Explain what an item of data is.	Data Word
 To choose how to imp To design a project ba To use my design to cr 	brove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound	Explain why data should be organised.	Word Number Image
 To choose how to imp To design a project ba To use my design to cr 	brove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound etc.		Word Number
 To choose how to imp To design a project ba To use my design to cr 	Derove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound etc. Questions that can be answered using data.	Explain why data should be organised. Outline what makes a good question to answer with	Word Number Image Sound Organised Question Answer Calculated
 To choose how to imp To design a project ba To use my design to cr 	prove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound etc. Questions that can be answered using data. Objects or artefacts can be described using data. Computers deal with different data types in different ways. There are different software tools to work with data.	Explain why data should be organised. Outline what makes a good question to answer with data. Propose simple, relevant questions that can be	Word Number Image Sound Organised Question Answer Calculated Operations Input Output
 To choose how to imp To design a project ba To use my design to cr 	prove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound etc. Questions that can be answered using data. Objects or artefacts can be described using data. Computers deal with different data types in different ways.	Explain why data should be organised. Outline what makes a good question to answer with data. Propose simple, relevant questions that can be answered using data. Recognise that data can be calculated using different	Word Number Image Sound Organised Question Answer Calculated Operations Input
 To choose how to imp To design a project ba To use my design to cr 	prove a game by using variables ased on a given example reate my project Data can be words, numbers, dates, images or sound etc. Questions that can be answered using data. Objects or artefacts can be described using data. Computers deal with different data types in different ways. There are different software tools to work with data.	Explain why data should be organised. Outline what makes a good question to answer with data. Propose simple, relevant questions that can be answered using data. Recognise that data can be calculated using different operations.	Word Number Image Sound Organised Question Answer Calculated Operations Input Output Formula Duplication

		Choose suitable ways to represent data.	
Sequence of Lessons: 1) To create a data set in 2) To build a data set in a 3) To explain how formul 4) To apply formulas to a 5) To create a spreadshe	a spreadsheet Ilas can be used to produce calculated data data		
Theme	Knowledge	Skills	Key vocabulary
			and concepts
SP1: Class Teacher: Badminton	It is important to warm up and warm down to prepare our bodies before beginning and ending exercise.	Hit a shuttle with good stance and grip on both forehand and backhand side, varying shot selection; height, speed and depth. (badminton)	Badminton Racket Court Net Singles
	Badminton is a fast-paced sport, played on a court, either 1 player versus 1 player (singles) or 2 players versus 2 players (doubles).	Improve consistency of shots, noticing longer rallies. Use different racket skills and types of movement during a competitive or cooperative rally.	Singles Doubles Opponent Partner
	Each player uses a badminton racket to hit a shuttlecock over a net trying to make it difficult for their opponent to return in back over the net.	To participate in rallies with and without a racket. Demonstrate skills learnt during the unit when	Serve Stance Coordination Clear
	A player scores a point when their opponent fails to return the shuttlecock before it hits the floor.	competing against others, including serving, returning a serve, and shot accuracy when moving at a quick pace.	Overhead Lob Defensive
	A point can only be scored if the shuttlecock lands within the markings of the court.	Can demonstrate fast paced movements, fluently changing direction and speed.	Offensive
	There is a correct way to hold a badminton racket.	Hit the ball with purpose.	
	A shot can be played as a forehand or a backhand.	Play shots on the forehand and backhand side of your	
	A rally is when two players return the shuttlecock to each other several times.	body.	
	Playing doubles badminton requires excellent teamwork and communication.	Direct the ball towards the opponent's court or target area.	

		 Participate in competitive games, modified where appropriate. Use good footwork that allows the ball to be hit with good technique. Adopt a good ready position and show good position on court. Show good awareness of others in game situations. Apply basic principles suitable for attacking and defending. Identify spaces and understand the tactic of hitting into gaps. 	
	peed, height, direction hand and backhand side of the body nt shots, and serves, hitting with increasing consistency h games		·
SP1: PE Specialist: Dance	It is important to warm up and warm down to prepare our bodies before beginning and ending exercise. Dancing is the art of coordinating movements to the rhythm and feel of a piece of music. Dancing well requires strength, agility, coordination and timing. Dancing can be performed individually, in pairs or as a team. A group of dancers is called 'troupe'. Dancers perform pre-planned routines. Designing a	Continue to develop a broader range of skills and movement patterns, exploring and practicing movement ideas inspired by a stimulus. Use basic compositional principles when creating dances – combining movements fluently and effectively. Perform a range of movements accurately with a sense of rhythm. Create and structure dance motifs, phrases, and sections of dances, developing expressive qualities.	Dance Strength Agility Coordination Timing Emotions Expressions Rehearse Unison Canon Choreography Fluency Tutting Routine
	routine is known as choreography.	Identify which aspects were performed consistently, accurately, fluently, and clearly and be able to provide feedback.	Together Tutting Question & Answer

		1	
		Work effectively as part of a team. Explain how their bodies reacts and feels when taking part in different activities and undertaking different roles.	
Sequence of Lessons: 1) To be inspired by music and 2) To move showing express 3) To dance using a range of 4) To create and structure set 5) To work as part of a team 6) To perform to an audience	ive qualities movement patterns ections of dance		
SP2: Class Teacher: Basketball	It is important to warm up and warm down to prepare our bodies before beginning and ending exercise. Basketball requires important skills such as dribbling, passing, shooting, and defensive techniques Basketball teams are made up of 5 players. Teamwork is vital. Players work together, pass the ball, and coordinate strategies to achieve success. Each player on the team has specific roles and responsibilities that contribute to the team's success The number of points scored by a successful shot depends on where it was taken from. Players are allowed to dribble the ball while moving to advance it up the court. However, they must not "double-dribble," which means starting to dribble again after stopping. Once a player stops dribbling, they must pass or shoot the ball. Getting the ball from an opponent is known as 'stealing'.' A steal occurs when a defensive player	 Perform skills (e.g. passing) with accuracy, confidence and control, and increasing speed. Work effectively as part of a team and keep possession of the ball when faced with opponents. Apply basic principle for attacking – Using skills to keep possession of the ball. Begin to apply defending principles in games; communicating well as a team to regain possession of the ball. Explain how their body reacts and feels when taking part in different activities and undertaking different roles. Evaluate and recognise success and explain why a performance is good or in what ways it requires improvement. 	Basketball Team Court Net Shoot Score Pass Dribble Steal Mark Evaluate Tactics Double Dribble Foul Awareness Attack Defend Principles

	legally takes the ball away from an offensive player without committing a foul.		
Sequence of Lessons:			
 To confidently pass the l To move with the ball at To mark, track and cove 	speed		
4) To keep possession of th5) To work together as a te	ne ball when faced with opponents eam, showing good awareness of others		
6) Apply some basic princip	bles for attacking and defending in game situations	Orientate themselves and man correctly keeping track	Orienteering
SP2: PE Specialist: OAA	It is important to warm up and warm down to prepare our bodies before beginning and ending exercise.	Orientate themselves and map correctly keeping track of their position with increasing accuracy.	Orienteering Maps Control points
	In orienteering, participants use a map and compass	Work within a team trusting and valuing each other.	Course
	to find hidden markers in the woods or on a course.	Develop communication skills and use these skills to achieve success.	Map Skills Indoor mapping
	Orienteering maps are special because they show not only the terrain and trails, but also the location	Make a map with symbols and legend and begin to	Picture Orienteering Control Plotting Communicati
	of control points, marked with circles.	understand scale.	Problem Solving
	Orienteering can take place in different types of terrain, like forests, parks, and even urban areas.	Compete in orienteering events, problem solving with team members.	
	Orienteering is a great way to improve navigation skills, which can be useful in everyday life.	Understand relevant techniques to navigate to and from control points.	
	Participants can choose different difficulty levels. Beginner courses are easier, while advanced courses can be quite challenging.	Identify what they have done well and adapt plans for future challenges.	
	The person or team that completes the course in the shortest time wins, but it's not just about speed; strategy and accuracy matter too.		

3) To understand scaling

4) To understand the legend

5) To develop map building skills6) To complete a single control event

Theme	Knowledge	Skills	Key vocabulary and concepts
SP1: Sacred Places (Churches)	A church is a building and a place of worship for Christians.	Make links between what Jesus taught and how some Christians think they should use their wealth.	Christianity Church Global
()	The global community of Christians can also be referred to as 'The Church'.	Ask questions about why Christians trey to help others.	Community Funded Donations
	Churches of all types of Christianity are funded by money given by their members; they receive no	Suggest answers as to why Christians should consider the needs of others.	Stewards Disused
	money from the government.	Express my own views on the value of Christians	Redundant Converted
	Christians believe that they must be good stewards of everything they have, including their church buildings.	engaging in serving others.	
	Church buildings sometimes become disused or redundant.		
	Sometimes churches are sold and converted for other use.		
 2) To understand why 3) To take part in a det 4) To turn my opinions 			
SP2: Journeys	Hajj is a Muslim pilgrimage.	Describe some of the things that Muslims do on Hajj and their significance.	Islam Muslim
(Hajj)	There are various rituals that Muslims take part in during Hajj.	Explain how a pilgrimage is different to a holiday.	Pilgrimage Holiday Sacred
	These rituals are linked to stories of prophets and others revered in Islam.	Respond thoughtfully to reasons why a pilgrimage can be seen as sacred.	Mecca Saudi Arabia Ka'aba

		 Hajj ends in the holy city of Mecca in Saudi Arabia. All Muslims must try to visit Mecca at least once in their life. During Hajj, Muslims visit the Ka'aba at the centre of Mecca. This is the most sacred site in Islam. While taking part in Hajj, Muslims will wear special clothes. Hajj takes place at a specific time of the year, determined by the Islamic calendar. 	Explain the impact that Hajj might make to an individual Muslim and the Ummah.	Calendar Ummah
	Sequence of Lessons: 1) To understand and reflec 2) To reflect on what makes 3) To collect information ab 4) To be able to define tech 5) To present my understan	out Hajj nical vocabulary about Hajj		
	Theme	Knowledge	Skills	Key vocabulary and concepts
	SP1: Dreams and Goals	We should all set targets in different areas of our lives. Targets should be realistic so we have a good chance of achieving them. A limitation is something that makes it harder to achieve a goal.	Set targets and reflect on how to achieve them. Aim to achieve my goals and be realistic about what I want to achieve. Understand and develop strategies to motivate myself.	Dream Goal Hope Learning Strengths Stretch Achievement Personal
PSHE		To help us achieve our goals, we should think about the steps we need to follow. A motivation is a feeling that makes us want to do something.	Empathise with the experiences of others. Recognise and celebrate the achievements of others. Explain how my choices impact on myself and on others	Realistic Unrealistic Choice Want Need Motivate

	It is important to know our motivations to help us achieve our goals. We can all help to make the world a better place and it is important to reflect on how we can do this.	Compare and contrast my wants and needs Recognise and celebrate similarities and differences between people. Explain what motivates me to improve my surroundings	Strategy
 2) To explain how I will achi 3) To identify problems in the some ways in the some	engths and can set myself challenging goals. ieve my goals through a set of steps. he world which concern me and talk about them. n which I can work with other people to help make the w hates like and admire about me and accept their praise. Scheme: Social Media Anxiety (L1): LC: Understand that		
SP2: Healthy Me	We are all responsible in some ways for our own health. Physical health is linked to how healthy and fit our	Recognise the symptoms of stress and explain why they are unhealthy for us. Describe the causes of stress and why we may	Health Physical Mental Happy
SP2: Healthy Me	health.	they are unhealthy for us.	Physical Mental
SP2: Healthy Me	health. Physical health is linked to how healthy and fit our	they are unhealthy for us. Describe the causes of stress and why we may	Physical Mental Happy Sad
SP2: Healthy Me	health. Physical health is linked to how healthy and fit our bodies are. Mental health is linked to how healthy our thoughts	they are unhealthy for us. Describe the causes of stress and why we may experience them in our lives. Explain how lifestyle choices can positively or	Physical Mental Happy Sad Stressed Cope Diet Exercise Social media Drugs
SP2: Healthy Me	 health. Physical health is linked to how healthy and fit our bodies are. Mental health is linked to how healthy our thoughts and feelings are. At times we will all have poor physical and mental 	 they are unhealthy for us. Describe the causes of stress and why we may experience them in our lives. Explain how lifestyle choices can positively or negatively affect our health. Explain what anti-social behaviour is and how it affects 	Physical Mental Happy Sad Stressed Cope Diet Exercise Social media Drugs Alcohol Gangs Exploitation
SP2: Healthy Me	 health. Physical health is linked to how healthy and fit our bodies are. Mental health is linked to how healthy our thoughts and feelings are. At times we will all have poor physical and mental health. The lifestyle choices we make will impact on our 	 they are unhealthy for us. Describe the causes of stress and why we may experience them in our lives. Explain how lifestyle choices can positively or negatively affect our health. Explain what anti-social behaviour is and how it affects society Suggest strategies to support someone who is feeling 	Physical Mental Happy Sad Stressed Cope Diet Exercise Social media Drugs Alcohol Gangs

A gang is a group of people who take part in criminal activities together.	
Some people join gangs to feel safer	
Anti-social behaviour is behaviour which makes others feel uncomfortable and is damaging to society.	
There are many different types of drugs which have different effects on how we think, feel and behave.	

Sequence of Lessons:

1) To take responsibility for my health and make choices that benefit my health and well-being

2) To know about different types of drugs, their uses and their effects on the body

3) To understand that some people can be exploited and made to do things against the law

4) To know that some people join gangs and the risks they involve

5) To understand mental health and people's attitude towards it

6) Online Safety: Sheffield Scheme: Online Stereotypes (S3): LC: To understand that online stereotypes can affect the way we see ourselves and others

	Theme	Knowledge	Skills	Key vocabulary and concepts
Music	SP1: The History of the Music of Sheffield (Appraisal and Analysis)	Music has developed over time and has sounded differently at different periods in the past. The development of music has often been linked to new technological innovations or inventions. Two popular genres of music in the early 20 th century were music hall and brass band music. In the 1960s and 1970s 'pop' and 'rock' music became popular and musicians began to use more instruments powered by electricity. In the 1980s and 1990s the introduction of computers and digital instruments led to 'electronic' or 'dance' music.	Listen carefully to and evaluate a range of live and recorded music from different traditions, genres, styles and times and respond appropriately to the context. Notice details about different aspects of music and communicate thoughts and feelings through discussion, movement, sound-based and other creative responses including the visual arts. Give opinions about their own and others' music sensibly and justify these well. Pick out strengths and weaknesses their own and other's work. Make specific comments and justify these well.	Appraise Analyse Evaluate Pitch Duration Tempo /BPM Melody Rhythm Pulse Timbre Mood Music hall Brass band Pop music Rock music Electronic music

	 During the early 2000s, Sheffield became famous for its musical bands thanks to the success of bands such as the Arctic Monkeys. We all have our own likes and dislikes about different styles of music. It is important that we can explain why we do or don't like pieces of music. When we are talking about music we can discuss lots of different elements. For example, the tempo, the rhythm, the melody, the timbre or the mood. 		
 To appraise and analyse n To appraise and analyse n 	early 20 th century music from Sheffield music from Sheffield from the 1960s and 1970s music from Sheffield from the 1980s and 1990s music from Sheffield from the 2000s to the modern day		
	f Sheffield that I have listened to		
		Learn about new techniques in music explore and experiment with them Be creative when experimenting with voice, sounds, technology and instruments	Song Historical context Electronic music Duet
5) To reflect on the music of SP2: Don't You Want Me	f Sheffield that I have listened to The song 'Don't You Want Me Baby?' was written and recorded by a band called The Human League	experiment with them	Historical context Electronic music
5) To reflect on the music of SP2: Don't You Want Me Baby? (Learning, Composing and	f Sheffield that I have listened to The song 'Don't You Want Me Baby?' was written and recorded by a band called The Human League from Sheffield. It is a song which uses electronic instruments and	experiment with them Be creative when experimenting with voice, sounds, technology and instruments Play and sing with a consistent and appropriate tone, accurate tuning and good breath control. Sing and play with a clear sense of the style of the music	Historical context Electronic music Duet Keyboard Synthesizer
5) To reflect on the music of SP2: Don't You Want Me Baby? (Learning, Composing and	 f Sheffield that I have listened to The song 'Don't You Want Me Baby?' was written and recorded by a band called The Human League from Sheffield. It is a song which uses electronic instruments and can be described as the style 'synth pop'. The song was very successful and got to number one in the charts. It was the biggest selling single of 	experiment with them Be creative when experimenting with voice, sounds, technology and instruments Play and sing with a consistent and appropriate tone, accurate tuning and good breath control. Sing and play with a clear sense of the style of the	Historical context Electronic music Duet Keyboard Synthesizer Melody Notes Key
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5) To reflect on the music of SP2: Don't You Want Me Baby? (Learning, Composing and	 f Sheffield that I have listened to The song 'Don't You Want Me Baby?' was written and recorded by a band called The Human League from Sheffield. It is a song which uses electronic instruments and can be described as the style 'synth pop'. The song was very successful and got to number one in the charts. It was the biggest selling single of 1981. The song is often confused as a love song but the writers have said it is actually about an argument. 	 experiment with them Be creative when experimenting with voice, sounds, technology and instruments Play and sing with a consistent and appropriate tone, accurate tuning and good breath control. Sing and play with a clear sense of the style of the music Maintain a strong sense of pulse and I know when the performance is going out of time. Maintain good posture when playing or singing 	Historical context Electronic music Duet Keyboard Synthesizer Melody Notes Key Pulse Rhythm Tempo Dynamics Loud

		This melody can be extended by adding a final, more complex part which requires the note D and slightly quicker playing.	Identify notes on a stave and recognise note and rest values and use this knowledge to read, play and compose music (crotchets, quavers, semibreves, minims). Explore different time signatures and tempos and explain why they might have been chosen by their composer.	
	2) To learn the main melody		notation	
	Theme	Knowledge	Skills	Key vocabulary
				and concepts
French	SP1: Family (Y5 complete cycle 1 planning - Hobbies)	French has many tenses like English. The perfect past tense lets us talk about events we have completed in the past. The English word 'you' has two versions in French. 'Tu' is an informal version for friends and younger people. 'Vous' is a formal version for strangers and older people.	 Talk and write about what they have done using the perfect past tense with little help. Identify third person plural forms of common verbs in the present tense, with little help. Understand the difference between the two different second person subject pronouns — "tu" and "vous" — and use them appropriately. Use words and sentence structures from the unit to create new sentences with little help 	Tense Past Present Future Perfect past 1 st , 2 nd , 3 rd person Singular Plural French vocabulary about: Family members Household tasks Family activity Birthdays
	Sequence of Lessons: 1) To learn key vocabulary li 2) To describe family member 3) To discuss household task 4) To discuss what I do with 5) To discuss what I do at me	ers ss my family		

	French has many tenses like English.	Develop and present a simple role-play with little help,	Tense
SP2: A Weekend with		adapting some of the question and answer screen	Past
Friends	The perfect past tense lets us talk about events we	sentences as appropriate.	Present
	have completed in the past.		Future
(Y5 complete cycle 1		Build on their knowledge of the past tense, and be	Perfect past
planning – A School Trip)	The order of words in French question sentences can	able to write and say perfect past tense sentences	1 st , 2 nd , 3 rd person
	differ to that in English sentences.	with little help.	Singular
			Plural
		Take part in a continuous conversation involving	Word
		longer sentences and opinions.	Sentence
			Paragraph
			Conversation
			French vocabulary about:
			The weekend
			Days of the week
			Likes
			Dislikes
			Hobbies
			Activities
			Food
			Times of the day
			Invitations
			Parties
Sequence of Lessons:	1	1	
1) To discuss what you do at	the weekend		
2) To discuss what I would li			
3) To talk about what I do at	a sleepover		
4) To discuss a midnight feas	st		
6) To give and receive invitation	tions		