

Safeguarding in the Curriculum

Ann's Grove Primary School



Online Safety (explicit links)	British Values and Protected Characteristics	Mental Health/Wellbeing	Toxic relationships and exploitation	Staying safe	Other Contextual	Drugs and alcohol
45 (20%)	51 (23%)	66 (29%)	31 (14%)	18 (8%)	6 (3%)	8 (4%)

PSHE, including Online Safety:

Each unit of PSHE work consists of six lessons. The tables below list the learning challenges used in the PSHE lessons that are linked to specific elements of safeguarding. Details of the skills and knowledge taught in these lessons can be found in the termly Medium-Term Plans (MTPs). Each half-term, one PSHE lesson is dedicated to online safety. The content of these lessons is taken from the Sheffield Online Safety Curriculum; this is further supplemented by dedicated online safety assembly each half term. Elements of safeguarding, in particular, the British Values and Protected Characteristics, may also be taught in other areas of the curriculum. These links are highlighted in the MTPs and also on the 'British Values and Protected Characteristics Tracker'.

Autumn 1: 'Being Me in My World'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
To understand that we are similar and different	To understand how it feels to belong and that we are similar and different	To reflect on what it means to be safe and special	To reflect on our hopes and fears for the year	To set targets for this school year and beyond	To reflect upon how it feels to be included and excluded	To learn how to set goals and reflect on how to face challenges	To identify my goals for this year and reflect on my fears and worries
To understand how feeling happy and sad can be expressed	To recognise and manage my feelings	To explore our class rules	To discuss our rights and responsibilities in school	To understand who can help at school	To know who is in my school community and how they are important	To understand my rights and responsibilities as a child	To know that there are universal rights for all children
To use gentle hands and understand that it is good to be kind to people	To understand why it is good to be kind and use gentle hands	To understand that breaking rules has consequences	To explore rewards and consequences in school	To reflect upon how we should behave at school	To discuss how democracy works through our school council	To reflect on some of the barriers children face to learning	To understand that my actions affect other people locally and globally
To understand we should all be allowed to learn and play	To start to understand children's rights and this means we should all be allowed to learn and play	To reflect on what it means to be proud	To reflect on how choices can lead to rewards and consequences	To think about rewards and consequences	To think about how my actions affect myself and others	To work collaboratively to decide on a class charter	To be able to make choices about my behaviour and understand consequences
				To think about how we can work cooperatively	To understand that parts of our bodies are private	To understand how someone's behaviour can affect a group	To understand how an individual's behaviour can impact on a group positively and negatively
Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:
	Sleep (L1): To understand that screen time can affect sleep	What is the Internet? (C2): To understand what the internet is	Choosing what to do online (L2): To understand	Sleep (L2): To understand that getting enough sleep	Screen Time (L1): To understand that the amount of time we spend	Passwords (C3) To understand how	Digital 5-a-day (L4): To recognise that our identities are defined by

			that we must decide what to do and not do online	is related to our mental health	online can affect our well-being	passwords and privacy settings can keep us safe	both our online and offline activities
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Autumn 2: 'Celebrating Difference'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
<p>To know how it feels to be proud of something I am good at</p> <p>To explain one way I am special and unique</p> <p>To know that all families are different</p> <p>To use words to stand up for myself</p>	<p>To identify something I am good at and understand everyone is good at different things</p> <p>To understand that being different makes us all special</p> <p>To know we are all different but the same in some ways</p> <p>To know how to be a kind friend</p> <p>To know which words to use to stand up for myself when someone says or does something unkind</p> <p>To understand risks to my safety and how to keep myself safe at Bonfire Night</p>	<p>To be able to spot similarities and differences between people and things</p> <p>To explore what bullying means</p> <p>To know what to do about bullying</p> <p>To reflect upon how we make friends</p>	<p>To explore our ideas about boys and girls</p> <p>To think about how boys and girls are similar and different</p> <p>To understand what bullying is</p> <p>To learn how to stand up for ourselves and for others</p> <p>To reflect on how we are different to each other</p>	<p>To understand everybody's family is different and special</p> <p>To understand conflict sometimes happens in families</p> <p>To know what it means to witness bullying</p> <p>To understand that a witness can make situations better or worse</p> <p>To recognise that words can be used in hurtful ways</p>	<p>To learn why we should accept people for who they are</p> <p>To understand who or what influences our assumptions about people</p> <p>To know what bullying is and why it can be hard to spot</p> <p>To understand why people may join in with bullying</p> <p>To identify what is special about me and why I should value it</p>	<p>To understand that cultural differences can sometimes cause conflict</p> <p>To understand what racism is</p> <p>To understand that rumour spreading and name calling can be a form of bullying</p> <p>To understand the difference between direct and indirect bullying</p> <p>To make comparisons between my life and the lives of children abroad</p>	<p>To know that there are different ideas of what normal means</p> <p>To understand how being different could affect someone's life</p> <p>To explain how one person or group can have power over another</p> <p>To know why people bully and what to do if I witness it</p> <p>To appreciate people for who they are.</p>
Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:
	<p>Choosing what to do Online (L2): To understand we have to decide what to do online</p>	<p>Screen Time (L1): To understand why too much screen time is bad for us</p>	<p>Being Kind Online (S2): To understand that being kind online is just as important as it is in real life</p>	<p>Passwords (C5): To understand that secure passwords are important, and consider how to make them strong</p>	<p>Deciding What is Appropriate (L3): To understand that not everything on the internet is appropriate for children</p>	<p>Behaviour Online (S2) To understand that people behave differently on and offline</p>	<p>Personal Information, Terms and Conditions (C2): To understand that our personal information must be protected</p>

Spring 1: 'Dreams and Goals'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
<p>To understand what a challenge is</p> <p>To set a goal and work towards it</p> <p>To feel proud when I achieve a goal</p> <p>To know that our bodies are our own and we can say no to being touched</p>	<p>To understand that if I persevere I can tackle challenges</p> <p>To set a goal and work towards it</p> <p>To say how I feel when I achieve a goal and know what it means to feel proud</p> <p>To know the difference between safe and unsafe touching and know what to do if we feel uncomfortable</p>	<p>To identify and explain our successes</p> <p>To set goals and think about how to achieve them</p> <p>To explore how facing challenges makes us feel</p> <p>To explore how we can try to overcome challenges</p>	<p>To select a challenge or a goal</p> <p>To identify the steps needed to achieve a challenge or goal</p> <p>To reflect upon our hopes and dreams</p> <p>To think about how we can celebrate our achievements</p>	<p>To discuss the different challenges that people face</p> <p>To identify a dream that is important to me</p> <p>To reflect on fairness in the world</p>	<p>To know how it feels to have hopes and dreams</p> <p>To know what hopes or dreams don't always come true</p> <p>To know how to cope with disappointment</p>	<p>To identify a job I would like to do and reflect on how education is helping me build a future</p> <p>To look at other people's dreams and goals and see how they are similar and different</p> <p>To identify how we can help and support people around the world who are different to us</p>	<p>To know my learning strengths and can set myself challenging goals.</p> <p>To explain how I will achieve my goals through a set of steps</p> <p>To identify problems in the world which concern me and talk about them</p> <p>To know what my classmates like and admire about me and accept their praise</p>
Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:	Online Safety:
	Communicating Online (S1): To understand that we can communicate online	Personal Information (S1): To understand which information is private and why not to share it	Communicating Online (S3): To understand what information we share with people who we don't know	Friendships Online (S1): To understand how to be a good friend online	Online Strangers (P1): To understand that people on the internet are not always who they say they are	Self Esteem (L2): To understand how confidence and self esteem can be affected by what we see online	Social Media Anxiety (L1): LC: Understand that social media can put pressure on us or make us jealous

Spring 2: 'Healthy Me'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
<p>To be able to wash my hands and know when to do this</p> <p>To know how to help myself go to sleep</p> <p>To know what to do if I get lost and how to say no to strangers</p>	<p>To know how to help myself go to sleep and understand why sleep is good for me</p> <p>To wash my hands thoroughly and understand why this is important especially</p>	<p>To understand how medicine can help us and how it can be dangerous</p> <p>To understand how to stay safe around roads</p>	<p>To learn about the importance of relaxation and avoiding stress</p> <p>To understand how and why to behave safely with medicines</p>	<p>To understand the difference between legal and illegal drugs</p> <p>To be able to identify safe and unsafe situations</p> <p>To understand how to be safe in and around water</p>	<p>To know how it feels to be part of different relationships and how I contribute to them</p> <p>To know that all people are unique and react differently</p> <p>To know why some people smoke and the effect of peer pressure</p>	<p>To make informed choice about whether I smoke or not and how to avoid peer pressure</p> <p>To make informed choice about whether I drink alcohol or not and how to avoid peer pressure</p> <p>To learn about basic first aid and know how to keep safe in emergency</p>	<p>To take responsibility for my health and make choices that benefit my health and well-being</p> <p>To know about different types of drugs, their uses and their effects on the body</p> <p>To understand that some people can be exploited</p>

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	To know what a stranger is and how to stay safe if a stranger approaches me				To know the effect alcohol has on health and the reasons why some people drink To know when people are putting me under pressure and how to resist it	To learn about how media influence, social media and celebrity culture affects our body image To learn about how to eat healthily and how people can suffer from eating disorders	and made to do things against the law To know that some people join gangs and the risks they involve To understand mental health and people's attitude towards it
Online Safety:	Online Safety: Feeling Safe Online (S2): To understand what to do when someone online makes us feel unsafe	Online Safety: Online Strangers (P1): To understand that people online are not always who they say they are	Online Safety: Feeling Uncomfortable Online (P2): To Understand that there are inappropriate images and text on the internet	Online Safety: Sharing Online (P2): To Understand that we must keep our personal information safe	Online Safety: Personal Information (C2): To understand what information is and is not personal	Online Safety: Unhealthy Attention (P3): To understand that attention online can be both health and unhealthy	Online Safety: Online Stereotypes (S3): To understand that online stereotypes can affect the way we see ourselves and others

Summer 1: 'Relationships'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
To understand how to make friends To know what to say and do if somebody is mean to me To use techniques to manage my feelings	To know how to make friends to stop myself from feeling lonely To think of ways to solve problems and stay friends To use a range of techniques to manage my feelings To know how to be a good friend	To understand that there are many different types of family To reflect on how to make friends To understand when touching is okay and not okay To explore who can help us in and outside of school	To think about friendship and conflict To reflect on how touching may make us feel To think about different types of secret To explore the idea of trust	To reflect on stereotypes about men and women To explore strategies for resolving conflict To explore the rights that all children have To reflect on how falling out might affect my mental health	To know how jealousy can affect relationships To know how people feel when they lose something or someone special To understand that we can remember people even if we no longer see them To reflect on the challenges of friendship To know that friendships change and reflect on how to managing falling out	To understand what self-esteem is and be able to recognise what makes me great as an individual To understand that online communities have positive and negative aspects To understand that I have rights and responsibilities when I am in an online community or using social media To be able to identify when I am spending too much time online To consider the safety of a range of online situations	To understand what mental health is why it is important to take care of it To understand what grief is and how it may move in stages To recognise how people try to control others and know how to stand up for myself To be able to judge when something is safe online To be to communicate safely online with friends and family

Online Safety:	Online Safety: Personal Information (S3): To understand that some information is personal and shouldn't be shared	Online Safety: Searching Safely (P3): To understand how to search safely	Online Safety: Accepting Messages (C3): To learn about accepting messages online	Online Safety: Suspicious Messages (C4): To understand the risks that come with accepting messages	Online Safety: Digital Media: N1: To reflect upon the different types of digital media	Online Safety: Protecting our Identity: P1: To understand how to protect our identity online	Online Safety: Protecting Images of us Online: P2: To know how to keep images of myself safe online
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Summer 2: 'Changing Me'

FS1	FS2	Y1 (Cycle 1)	Y2 (Cycle 2)	Y3 (Cycle 1)	Y4 (Cycle 2)	Y5 (Cycle 1)	Y6 (Cycle 2)
To understand that we all grow from babies to adults	To understand that we all start as babies and grow into children and then adults To talk about my worries and/or the things I am looking forward to about being in Year 1	To understand the differences between boys' and girls' bodies To understand which parts of our body are private To explore how we can cope with change	To think about how we change as we grow up To learn about how boys and girls are similar and different To reflect upon when touching is and isn't appropriate	To know that lots of changes happen as we grow up To express my ideas about different roles within the family To understand the importance of self-esteem To identify what I am looking forward to in the future	To understand the circle of change and how to deal with changes in our lives To reflect upon how to make positive changes in my life To identify changes that are out of my control and know how to accept them	To explore the idea of body image To understand how a girl's body changes during puberty To understand how a boy's body changes during puberty To reflect on what life as a teenager may be like To reflect upon what we are looking forward to in the future	To be aware of my self-image and the factors that may influence this To understand how boys' and girls' bodies change during puberty To reflect upon how our feelings will change during puberty To understand how to stay clean as we grow older
Online Safety:	Online Safety: Online Friends (P1): To understand that is important to be kind online	Online Safety: Passwords (C1): To understand why we need passwords	Online Safety: Content Creators (N1): To learn about online content creators	Online Safety: Media Bias (N2): To understand that not everything we read online is true	Online Safety: Verifying Content and Echo Chambers: N3: To explore how we can verify content and avoid echo chambers	Online Safety: Meeting Online Strangers: P4: To understand and recognise some of the dangers online	Online Safety: Control and Consent: S1: To learn about control and consent online