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### Relationships and Health Education Y5/6 Summer term

Dear Parents/Carers,

Last year, we wrote to you to let you know that our new curriculum overviews for Relationships and Health Education had been added to the website for parents to view as part of our consultation process. As part of the 'Changing Me' programme of work in the Summer 2 half term, we will be teaching the planned unit of work in the last couple weeks of this half term.

In Y5, these lessons will look at body image and self-esteem, the changes experienced during puberty and focus on preparing for the next school year. All of these lessons are statutory and part of the curriculum.

In Y6, the lessons begin by revisiting the work done in Y5 on self-esteem and puberty. Further learning for Y6 pupils this term includes personal hygiene, keeping safe online, how feelings change as we get older and the development of a baby in the womb. Again, all of these lessons are statutory and part of the curriculum. Additionally, for Y6 only, a lesson is taught on conception and how babies are made. This lesson is taught by Mr Chappell and Miss Lockwood. The resources used to teach the lesson are available for parents to view on request. This lesson is not statutory and parents have the right to withdraw their child from **this lesson only** should they wish to do so. Aside from this one lesson, the remainder of the teaching in Y5 and Y6 is statutory for all pupils. Y5 lessons will be taught in mixed classes, and Y6 will be taught in single-sex classes.

Parents who do not want their child to participate in the final Y6 lesson should write to or email the class teacher.

Samantha Fearnough  
Headteacher

